



LINDSAY LOU & THE FLATBELLYS



Ionia

RIDING THE CUTTING EDGE OF AMERICAN ROOTS MUSIC

On their new album, *IONIA*, blazing hot Michigan roots ensemble **LINDSAY LOU & THE FLATBELLYS** rest on the cusp of change, poised at that moment where everything shifts into high gear and time rushes forward. As a tight-as-hardwood stringband, these ace players know how to sustain this moment expertly, relishing the tension between the past, which keeps pulling them backwards, and the future they're about to rush into. You can hear this tension musically on their new album, especially on the leading song "Hot Hands," which rabbits playfully between off meters, rapid-fire picking, stop-and-go bass lines, and steamy vocals that surge back and forth. There's incredible kinetic motion in this music, a sense of movement so exacting and precise that it's almost architectural.

Over the course of four days during a Michigan autumn, **Lindsay Lou & The Flatbelllys** holed up in their home to record their new album. Gathered in a circle, each member leaned in closer and closer, blending vocals and instruments organically, to listen with the kind of musical precision that's all too rare these days. Listen to the new album and you'll hear a band at the very top of its game. A band uncommonly attuned to each other, the product of near-constant touring and live shows made legend by their infectious, high-energy performances. The instruments and the bedrock of the band may come from bluegrass, but the music that **Lindsay Lou & The Flatbelllys** present on their new album *Ionia* can best be described as Americana. This is music that's caught between the pull of the past and the push of the beckoning future, ready to leap forward bursting with new ideas and youthful energy.



"Sweet harmonizing, crisp arrangements and slick playing"

— *Beat Surrender*



"One of the more interesting young bands plying their trade along the edges of bluegrass, Americana and contemporary pop music."

— *Bluegrass Today*

**RADIO ADD DATE:
FEBRUARY 4, 2015**

**CD RELEASE DATE:
FEBRUARY 14, 2015**

1. **HOT HANDS** (4:03)
2. **EVERYTHING CHANGED** (4:05)
3. **INTERLUDE** (0:31)
4. **THE FIX** (2:54)
5. **OLD SONG** (4:15)
6. **SOMETIMES** (4:43)
7. **CRIMINAL STYLE** (2:56)
8. **HOUSE TOGETHER** (3:53)
9. **THE RIVER JORDAN** (4:29)
10. **HERE BETWEEN** (4:00)
11. **IONIA** (3:12)
12. **SMOOTH AND GROOVY** (3:34)

RIYL:

- Lake Street Dive,
- Joy Kills Sorrow,
- The Punch Brothers,
- Sarah Jarosz



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